




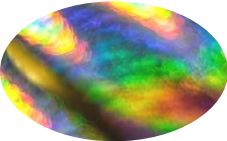





[www.happyhealing.com.au](http://www.happyhealing.com.au)









### HAPPY HEALING WORKSHOP EXPERIENCES

Happy Healing prides itself on creating Keeping it Real Experiences to create more of what you want in your life. Our workshops are created with you in mind for your Spiritual & Personal Health, Growth & Development. The following workshops are available for Groups or 1:1. Prices vary. All literature is included in the price.

**Chrissy**

Keeping it Real Support and Guidance

	<p>Introduction to Balancing &amp; Healing Your Chakras</p> <p>1:1 \$130 x 2hrs</p>	<p>Ideal start for anyone wanting to know more about their internal meridians (chakras). During this workshop you will find out more about what each of the 7 Major Chakras resonate with, which colours, scents, crystals and energies that trigger our feelings and emotions. You will discover what roles chakras play within your Emotional, mental, physical and spiritual health systems. You will become aware of which body parts, organs, endocrine systems and emotional connections are associated with each and why it's important for them to be balanced. You will be guided on a self balancing &amp; healing for each chakra.</p>
	<p>Aura Healing Includes Detachment &amp; Protection</p> <p>1:1 \$130 x 2hrs each module</p>	<p>During this Colourful Energising Happy Healing Workshop Experience you will be guided to understand, feel and sense Auric Energy, clear &amp; repair Aura's and illuminate them. Ascertain why we have an aura and what type of Vibrational Energies resonate with each layer. Learn about the different colours and layers of the Aura, what they mean to your health, wellbeing &amp; what emotions they connect with. Discover how you can use your aura's energy to help heal yourself and others on a holistic level. Includes Detachment &amp; Protection calling back and protecting your energetic self- whilst learning to compassionately disassociate from negative energy. 1:1 is 2 sessions</p>
	<p>Power Building Your Energetic Self</p> <p>1:1 \$130 x 2hrs</p>	<p>Find your own natural Healing Energy Remedy. You will be guided to find and channel Energy for yourself using Universal Energy and discover why it is the best energy remedy you can give yourself &amp; others.</p>
	<p>Soul Reconnection Soulfully You!</p> <p>1:1 \$130 x 2hrs</p>	<p>During this Happy Healing Experience, you will be guided to soulfully reconnect. You will start to appreciate yourself more and understand the importance of taking care of your life needs. You will be introduced to your soul self and be guided through a series of techniques to receive guidance at all times.</p>
	<p>Finding Your Psychic Self</p> <p>1:1 \$130 x 2hrs</p>	<p>Ideal for those already using their psychic tools and for those who are curious about what tools they have. Come along to this amazing Happy Healing workshop Experience and unearth your Hidden Psychic Tools. Everyone has Psychic abilities, you were born with it, it's there and if not used usually laying dormant waiting to be re-awakened for you to fully acknowledge your potential and strengthen your connection with it. Find out which of the Clair Energies you resonate with the most.</p>
	<p>Finding the Medium in YOU!</p> <p>1:1 \$130 x 2hrs</p>	<p>Everyone has someone who has passed over that they would like to reconnect with but like anything we can doubt the messages being received. During this Happy Healing Workshop Experience you will be guided to hear and interpret your messages from the other side in your own way.</p>
	<p>Naturalcense Blending (includes house healing &amp; Clearing)</p>	<p>If you love the clearing effects of smudging (incense) you will love creating your very own healing Naturalcense. Naturalcense are Happy Healings very own smudging range which you can create for yourself. Includes House healing &amp; Clearing. Be guided to use smudges and intuition to clear your home and surroundings.</p> <p><b>Group Session only</b></p>

	Changing of Your Guiding Energy 1:1 \$130 x 2hrs	Get ready to feel, see or sense your guiding energy. They are not always what or who you think they might be. During this Happy Healing Workshop Experience you will not only meet your Energy Receptacles/guides/guardians/angels (whatever you name them) but sense and feel the energy associated with them. Connect and find out more about their purpose, why they have been assigned to you and what strengths they can offer
	Empathy Your 8 <sup>th</sup> Sense 1:1 \$130 x 2hrs	Ideal for anyone that feels the world so deeply that it effects their day to day lives. Your personal journey of self discovery explores the outside world of vibrations & emotions and goes deeper into those feelings and how to understand them.
	Nourish YOUR Passion 1:1 \$130 x 2hrs	Value, Boundaries and Breakthroughs. This Happy Healing Experience is all about you. You have done so much for everyone else, now it's time to find and Nourish your Passion, create healthy boundaries based on your values and breakthrough behavioral patterns that are holding your back and create and Nourish YOUR Passion.
	Stairway to Now (Akashic Records) 1:1 \$130 x 2hrs	This Workshop is available to private groups no more than 4 people or available as 1 on 1. This workshop is very deep and needs time and fully guided assistance to get the best results. Visit your Akashic Records and Experience a life regression to learn more about your now self and future self.
	Soul Lessons Journey Blueprint <b>POA</b>	Visit your 11 Soul Stations and Break behavioral patterning by finding out what the lessons are behind them. Once the lesson is acknowledged change can begin. Included is your own workbook, set of Soul Journey Cards and Chakra Crystal Set. 11 x 1.5hr sessions
	Spiritual Emporium <b>POA</b>	An experience that will take you deep into your emporium of healing, channeling, mentoring and wisdom, all whilst creating a keeping it real style of support and guidance that will not only empower you but also your seekers. A series of 1:1 or group sessions available. For more information contact happy healing at <a href="mailto:chrissy@happyhealing.com.au">chrissy@happyhealing.com.au</a> 7 x 2hr Sessions <b>POA</b>
	DARE TO GROW <b>POA</b>	Dare to Grow is a kick-ass series of 7 Events to create positive growth and powerfully transform your life. The Dare to Grow Experience is all about Your Spiritual & Personal Health Growth and Development. For more information contact <a href="mailto:chrissy@happyhealing.com.au">chrissy@happyhealing.com.au</a> 1:1 7 x 2hr sessions <b>POA</b>
	GROW & FLOW <b>POA</b>	Grow & Flow is a 1:1 based personalised series of programs to promote spiritual and personal health, growth & development. Do you know what's been holding you back? Fear, Confidence, Negativity, mind chatter, habits, beliefs, (insert yours here). You will begin to understand how easy it is to grow and flow once you remove the interferences that hold you back. Whatever dreams and goals you have can be attained when you change those interferences and limiting thought patterns. For more information contact <a href="mailto:chrissy@happyhealing.com.au">chrissy@happyhealing.com.au</a> 6 x 2hr sessions <b>POA</b>